

WEEK 1 Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Scrambled Eggs Grilled Bacon Baked Beans Boiled Eggs Porridge Pancakes Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and chocolate</p>	<p>Pork Sausage Beef Sausage Fried Egg Sauté Mushrooms Grilled Tomatoes Boiled Eggs Porridge Pancakes Flapjack Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and Chocolate</p>	<p>Toasted Bagels Bacon & Tomato Smoked Salmon & Cream Cheese Cream Cheese & Tomato Sliced Melon Pancakes Boiled Eggs Porridge Patisserie selection Yoghurts& cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and Chocolate</p>	<p>Eggy Bread Pork Sausage Sauté Mushrooms Grilled Tomatoes Pancakes Banana Bread Boiled Eggs Porridge Patisserie selection Yoghurts & cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and Chocolate</p>	<p>Eggs Benedict Eggs Florentine Eggs Royale Boiled eggs Porridge Pancakes Flapjack Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and Chocolate</p>	<p>Waffles French Toast Forrest Berries Grilled Bacon Pancakes Boiled eggs Porridge Yoghurt & Berries Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and Chocolate</p>	<p>Patisserie Selection Yoghurts Fruit Juices Toast with spreads Tea Coffee and Chocolate</p>
<p>Ultimate Veggie Curry Carrot Kofta Burger Wild Mushroom Risotto Herby Diced Potatoes Basmati Rice Vegetable Medley Caesar Salad Chocolate Hazelnut Pain au Chocolate Pudding with Custard Salad Bar and Proteins Fresh Bread Fruit salad and Yoghurts Cheese and Biscuits</p>	<p>Thai Beef Curry Sticky & Sweet Korean Chicken Spinach & Feta Flatbreads Italian Style Rice Lyonnaise Potatoes Carrots Broccoli Greek Salad Date & Apple Turnover with Crème Anglaise Salad Bar Proteins Fresh Bread Fruit salad and Yoghurts Cheese and Biscuits</p>	<p>Asian Salmon Chicken Tagine Vegetable Pakora Stir Fry Rice New Potatoes Vegetable Medley Orange & Chicory Salad Chocolate Fudge Cake with Ice Cream Salad Bar and Proteins Fresh Bread Fruit salad and Yoghurts Cheese and Biscuits</p>	<p>Roast Lamb in Soya & Mustard Glazed Gammon Spinach & Cheese Parcels Roast Potatoes Creamed Potatoes Roast Carrots & Red Onions Broccoli & Cabbage Gravy Italian Style Salad Baked Raspberry Cheesecake with Strawberry Sauce Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Battered Fish Chicken Tikka Masala Cheddar Cheese Risotto Chips Basmati Rice Mushy Peas Peas & Carrots Chickpea, Tomato & Red Pepper Salad Mint Chocolate Mousse Bars Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Beef Lasagne Malaysian Style Chicken Spanish Tortilla Fragrant Rice Garlic Bread Sweet Corn Pak Choi Chinese Leaf Salad Vanilla & Raspberry Ripple Ice Cream Sundaes Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Sunday Brunch</p>
<p>Soup: Courgette & Basil Cayenne Pepper Chicken Kebabs With Flat Breads Greek Style Cottage Pie Black Bean & Cheese Empanadas Paprika Potatoes Stir Fry Noodles Peas & sweetcorn Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Mushroom Pizza: Meat feast Margherita Chicken Wings Shoestring Chips Fragrant Rice Corn Cobs Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Tomato Spaghetti Bolognese Sticky Pomegranate Chicken Mushroom Stroganoff Fragrant Rice mixed Vegetables Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Sweetcorn Chilli Fried Chicken Burger Lamb & Mint Burger Pasta with Rocket & Pesto Shoestring Fries Corn Cobs Salad Colelaw Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Turkish Style Chicken Kebabs Beef & Mushroom Pie Cheese on Toast Stir Fry Noodles Mashed Potatoes Petit Pois Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Asian Style Sticky Chicken Smoked Bacon with Wild Mushroom & Penne Pasta Chinese Noodles with Mushrooms Fragrant Rice Paprika Potatoes Broccoli Homemade Cakes Fresh Fruit Toast and Spreads Tea Coffee and Hot Chocolate</p>	<p>Soup: Salmon Linguine Roast Chicken Gnocchi with Arrabiata Sauce Roast New Potatoes Rice Cabbage Neapolitan Ice Cream Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>

WEEK 2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Pork Sausage Baked Beans Poached Egg Boiled Eggs Porridge Pancakes Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and chocolate</p>	<p>Grilled Bacon Fried Egg Sauté Mushrooms Grilled Tomatoes Flapjack Boiled Eggs Porridge Pancakes Patisserie selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and chocolate</p>	<p>Toasted Bagels Grilled Bacon Scrambled Eggs Sweet Muffins Boiled Eggs Porridge Pancakes Patisserie selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and chocolate</p>	<p>Chipolata Sausage Fried Eggs Sauté Mushrooms Grilled Tomatoes Banana Bread Boiled Eggs Porridge Patisserie selection Cereals & yoghurts Fresh Fruit Fruit Juices Toast with spreads Tea, Coffee and chocolate</p>	<p>Omelettes: Ham & Cheese Cheese & Tomato Plain Grilled Tomatoes Sauté Mushrooms Flapjacks Pancakes Boiled Eggs Porridge Patisserie selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, coffee and hot chocolate</p>	<p>Scrambled Egg Scrambled Egg with Smoked Egg Grilled Bacon Baked Beans Pancakes Banana Bread Boiled eggs Patisserie selection Yoghurts & Cereals Fresh Fruit Fruit Juices Toast with spreads Tea, coffee and hot chocolate</p>	<p>Patisserie selection Cereals Fruit Juices Fresh Fruit Toast with spreads Tea, Coffee and chocolate</p>
<p>Thai Green Curry Truffle & Mushroom Macaroni Cheese Halloumi Cheese Fries Fragrant Rice New Potatoes Green Beans Roast Cauliflower with Lime & Shallot Dressing Lettuce Salad Strawberry Jelly Mousse Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and biscuits</p>	<p>Chicken Supreme with Bacon in a Leek Sauce Blackened Fish Red Pepper & Smoked Paprika Frittata Mashed Potatoes Ginger & Chilli Noodles Carrots Cabbage with Caraway Seeds Caesar Salad Banana Katsu with Caramel Sauce & Vanilla Ice Cream Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Spaghetti Bolognese Turkey Schnitzel Aubergine & Feta Tart New Potatoes Rice Broccoli Carrots Papaya Halloumi & Rocket Salad Steamed Chocolate Sponge with Chocolate Custard Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Roast Beef Yorkshire Pudding Five Spice Pork Cheese & Spinach Quesadillas Roast Potatoes Creamed potatoes Cheesy Leeks & Cauliflower Roast Carrots & Butternut Squash Cabbage Gravy Mixed with Feta Salad Individual Lemon Cheesecake Salad Bar & Protein Fruit salad and yoghurts Fresh Bread Cheese and Biscuits</p>	<p>Battered Fish Duck in Marmalade & Soya Chickpea Fritters with Red Pesto Chips Fragrant Rice Mushy Peas Broccoli Middle Eastern Salad Tiramisu Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Southern Fried Chicken Beetroot & Juniper Glazed Salmon Leek & Mushroom Pasta Fragrant Rice Mashed Potatoes Mange Tout Corn Cobs Coleslaw Salad Snickers Brownie Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Sunday Brunch Breakfast Muffins</p>
<p>Soup: Mushroom Szechuan Chicken Jerk Pork Belly with Mango Slaw Garlic Mushroom Parcels Rice Shoestring Chips Broccoli Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Chicken & Sweetcorn Meatballs in Mushroom Sauce Glazed Gammon Cheese on Toast Fried Egg Chips Pasta Baked Beans Peas Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Sausages in Onion Gravy Chicken Leg in Paprika & Lemon Spinach Puffs Mashed Potatoes Mushroom Egg Fried Rice Peas Cabbage Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Chicken Noodle Paella Chicken Katsu Garlic Mushrooms on Toast Paprika Potatoes Rice Peas & Green Beans Salad Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup Chicken & Sweetcorn Singapore Noodle Hoi Sin Chicken Tomato Risotto Sweet Potato Fries Pasta Pak Choi Assorted Homemade Cakes Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Piri Piri Rice with Garlic Prawns Chicken Piccata Cheese & Mozzarella pesto Panini Pasta Aioli Paprika Potatoes Cumin Vegetables Peas Hoi Sin Chicken Thighs Jacket Potatoes with Spicy Peppers & Feta Pasta Pak Choi Homemade Cakes Toast and Spreads Tea, coffee and Hot chocolate</p>	<p>Soup: Sticky Pork Steaks Ras el Hanout Chicken Leg Tempura Vegetables Roast Potatoes Pasta Creamed Potatoes Broccoli Carrots Arctic Roll Fresh Fruit Toast and Spreads Tea, coffee and Hot chocolate</p>

WEEK 3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Bacon & Parsley Hot Cakes Poached Egg Sauté Mushrooms Grilled Tomatoes Boiled Egg Sliced Melon Porridge Pancakes Porridge Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>	<p>Kedgeree Poached Haddock Poached Egg Sauté Mushrooms Boiled Eggs Porridge Patisserie Selection Yoghurt & Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>	<p>Fried Egg Grilled Bacon Grilled Tomatoes Sauté Mushrooms Banana Bread Boiled Egg Porridge Pancakes Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>	<p>Scrambled Egg Chipolata Sausage Baked Beans Boiled Eggs Waffles Pancakes Porridge Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>	<p>Croque Monsieur Plain Monsieur Baked Beans Flapjack Boiled Eggs Porridge Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>	<p>Filled Omelettes Grilled Tomato Sauté Mushrooms Boiled Eggs Pancakes Patisserie Selection Yoghurts & Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>	<p>Patisserie Selection Cereals Fresh Fruit Fruit Juices Tea, Coffee and chocolate</p>
<p>Aubergine Dhansak Margherita Pizza with Roasted Peppers Linguine with Avocado Tomato & Lime Chips Rice Vegetable Medley Italian style Salad Chocolate Fudge Sundaes Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Chicken Curry (Tray bake) Glazed Gammon Lentil Loaf with Red Pesto Portuguese Potatoes Saffron Rice Green Beans with Butter & Herbs Carrots Beansprout Salad Daim Cake Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Pasta Carbonara Roast Chicken Tomato & Mozzarella Rice Garlic Bread Roasted New Potatoes Sauté Leeks & Cabbage Carrots Greek Salad Banoffee Pie Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Chinese Style Braised Beef Slow Roast Lamb Chickpea & Spinach Pie Roast Potatoes Creamed Potatoes Cauliflower & Broccoli Cheese Roast Carrots & Parsnips Mixed Salad Lemon Tart Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Battered Fish Chicken Supreme in Mustard Sauce Parsley & Mushroom Risotto Garlic & Red Pepper Olive Oil Pasta Chips Mushy Peas Carrots Avocado & Sweetcorn Salad Individual Key Lime Pie Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Stir Fry Beef in Oyster Sauce Chorizo Carbonara Beetroot Tarte Tatin Fragrant Rice Noodles Pak Choi Broccoli Tomato & Sweetcorn Salad Jelly Pots Salad Bar and Proteins Fresh Bread Fruit salad and yoghurts Cheese and Biscuits</p>	<p>Sunday Brunch</p>
<p>Fresh Soup: Sweet Corn Lamb Kofta with Flatbreads Crispy Sesame Pork Cheese & Tomato Omelette Fragrant Rice Ginger & Chilli Noodles Mange Tout Sweet Corn Assorted Homemade Cakes Fresh Fruit Tea, coffee and Hot chocolate</p>	<p>Soup: Salmon pea & Basil Pasta Buttermilk Chicken Paneer & Vegetable Ratatouille Paprika Potatoes Rice Asian Style Cabbage Assorted Homemade Cakes Fresh Fruit Tea, coffee and Hot chocolate</p>	<p>Soup: Mushroom Cottage Pie Pepperoni Penne Pasta Carrot Fritters Herby Dice Pasta Aioli Broccoli Mixed Vegetables Assorted Homemade Cakes Fresh Fruit Tea, coffee and Hot chocolate</p>	<p>Soup Bockwurst & Rolls Hoi Sin Chicken Thighs Tomato Tart Herby Dice Pasta Corn Cobs Caesar Salad Assorted Homemade Cakes Fresh Fruit Tea, coffee and Hot chocolate</p>	<p>Soup Spaghetti Bolognese Roasted Sausage Casserole Halloumi Kebabs Paprika Potatoes Garlic Bread Broccoli Assorted Homemade Cakes Fresh Fruit Tea, coffee and Hot chocolate</p>	<p>Sweet & Sour Caramel Chicken Pork Schnitzel Egg Filled Tomatoes Fragrant Rice Mashed Potatoes Chinese Cabbage Homemade Cakes Fresh Fruit Tea, coffee and Hot chocolate</p>	<p>Soup Mushroom Salmon with Honey Dill & Spring Onions Roast Turkey Cauliflower Cake Plain Pasta Roast Potatoes Lemon & Tarragon Roast Vegetables Violetta Fresh Fruit Tea, coffee and Hot chocolate</p>